



## 825702 - Caesar Dressing

Source: K12 Culinary

Number of Portions: 32

Size of Portion: 2 TBSP

### Components:

Meat/Alt:

Grains:

Fruit:

Vegetable:

Milk:

### Recipe Subgroups:

### Attributes:

HACCP Process: #1 No Cook

Ingredients	Measures	Instructions
826496 Mayonnaise, Regular, Dukes.....	2 cups	<b>CCP: No bare hand contact with ready to eat food.</b> Place mayonnaise, yogurt, parmesan cheese, water, olive oil, lemon juice, garlic, Worcestershire sauce, Dijon mustard, and black pepper in a large storage container. Using an immersion blender, or large, stiff whisk, combine until smooth. For best results, prepare one day in advance of service, and store in refrigerator overnight. . School made Caesar may be stored in the refrigerator for 3 days after preparation.  <b>CCP: Hold and Serve at 41 degrees F. or lower.</b>
001256 YOGURT,GREEK,PLN,NONFAT.....	1 cup	
001032 CHEESE,PARMESAN,GRATED.....	1/2 cup	
014429 BEVERAGES,H2O,TAP,MUNICIPAL.....	1/2 cup	
004053 OIL,OLIVE,SALAD OR COOKING.....	2 Tbsp	
009153 LEMON JUC FROM CONC,CND OR BTLD...	1 Tbsp	
799903 GARLIC,GRANULATED.....	1 Tbsp	
006971 SAUCE,WORCESTERSHIRE.....	2 1/2 tsp	
826521 Mustard, Dijon, Grey Poupon.....	1/2 Tbsp	
002030 PEPPER,BLACK.....	1 TSP (ground)	

\*Nutrients are based upon 1 Portion Size (2 TBSP)

Calories	120	kcal	Cholesterol	12	mg	Sugars	*0.3*	g	Calcium	22.29	mg	99.91%	Calories from Total Fat
Total Fat	13.31	g	Sodium	117	mg	Protein	1.22	g	Iron	0.06	mg	14.01%	Calories from Saturated Fat
Saturated Fat	1.87	g	Carbohydrates	0.87	g	Vitamin A	16.4	IU	Water <sup>1</sup>	*10.90*	g	*0.11%*	Calories from Trans Fat
Trans Fat <sup>2</sup>	*0.01*	g	Dietary Fiber	0.05	g	Vitamin C	0.2	mg	Ash <sup>1</sup>	*0.19*	g	2.89%	Calories from Carbohydrates
												4.07%	Calories from Protein

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes optional nutrient values

<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.